

Aug 22, 2002

Dear David,

My cellercised is the best. To think you can do this from the comfort of your home & not even need special clothes. What could be better, great in all kinds of weather.

My husband has to use it first thing in the morning for joint pain & it does wonders & he is 75.

I have lost over 25 lbs & that is very hard for me to do. My clothes are all too big & I feel great.

The big bonus is you. As you have helped me so much with my back. As

you remember I had 2 slipped disks & been 10 years & still was having problems often, even if I moved wrong or lifted & soon after doing what you told me on the cellercised I have no pain & no problem, before about once a month I would be layed up with my back.

I could go on & on like its fun, safe easy, good for you & works!

Keep up the good work.

God Bless
Patricia