

From: Jenna Hall Kenison jenna@cellercise.com
Subject: Fwd: Review
Date: Aug 26, 2019 at 4:56:34 PM
To: cellercise@aol.com

I'm not sure if you've used this one. You may have

Jenna Kenison

Begin forwarded message:

From: Jenna Hall Kenison <jenna@cellercise.com>
Date: July 22, 2019 at 9:17:45 PM MDT
To: Jenna Hall Kenison <jenna@cellercise.com>
Subject: Review

A few months ago when I saw my doctor she told me I was diabetic not the news I wanted to hear but I knew it was coming. She wanted to put me on medication right away I told her no I would find a way to turn this around knowing I only had a few months to accomplish this.

It was hard work looking for the right answers to turn this thing around and I prayed for the answers to help me! I was out of shape and overweight and weighed 201. In researching I came across the Cellerciser did my due diligence and decided to purchase it and received it on 5/16. I love my Cellerciser and I would health bounce every day for 10 minutes 2 and 3 times a day and sometime more but I had more work to do on my diet which was another challenge along with not drinking enough water!

My diet is a work in progress and improving upon it every day and

every way and drinking more water. I went to see my doctor this evening and she told me I was NO longer a diabetic and I lost 11 lbs and my blood pressure was down!!! She was amazed I did it and told me to keep doing whatever I'm doing and will see her in 4 months! I LOVE this journey and this group! 🥰😊😁 natahlie [REDACTED]

[REDACTED]