

Ross [REDACTED] Ph.D., L.P.

[REDACTED] Ypsilanti, MI [REDACTED] [REDACTED] [REDACTED]

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June 26, 2020

Dear David Hall:

This is my Cellerciser story. I am a Ph.D. clinical psychologist and I have a clinic near Ann Arbor, Michigan which specializes in chronic and health psychology and I have been working in this field for over 25 years. I lecture around the state and country regarding chronic pain and the opiate epidemic and I am very interested in the mind body connection.

Approximately 10 years ago I purchased a Cellerciser. I loved it. I was doing it everyday. I have flat feet so it is difficult for me to run and do aerobic exercise besides swimming. I was able to do this in the comfort of my home and my kids also loved the Cellerciser. I eventually purchased a kangaroo spring type shoe approximately five years ago. I thought it would be similar to the Cellerciser, a portable spring in my shoe, and I started running all around the area around my house and very shortly I severely damaged my ankle and I thought I was unable to jump on the trampoline. I was told by doctors that I needed to rest my ankle. I spent thousands to try to treat my ankle. I was seen by a physiatrist, acupuncturist, massage therapist, acupressure practitioner, chiropractor, kinesiologist, nutritionist. All of these treatments did provide some improvement but I still have chronic pain and it severely limited by ability to enjoy travel and walking.

Eventually, two months ago, I was so frustrated seeing my kids jump on the trampoline and I was not able to jump on the trampoline and I was so jealous I decided I could not take it anymore. My ankle is not healing and I was just going to jump very gently. I noticed after I had jumped that my ankle felt more energized. As I continued to jump over several days I noticed the pain moving from one part of the ankle to a different part of the ankle, to the knee and eventually after 6 weeks all of my pain in my ankle completely left me.

Now it has been two months since I started jumping on the trampoline and I have forgotten I had an ankle injury that lasted over 5 years. In addition, I noticed as I jumped my mood improves after I jump and I feel some of the same spiritual energy I feel when I meditate when I jump. I notice my mid back pain has improved. I also think my vision has improved.

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I write with my hands constantly, I write reports all day long for 20 years and I have started to develop arthritis in my hands and since I started jumping, I do not know the mechanism but all of the arthritis symptoms in my hands are now gone. My hands are pain free. I feel born again. I am very grateful for your Cellerciser. Thank you for inventing it and I really appreciate the personal touch I experience whenever I call Cellerciser. I either speak to you or another gentleman and they try to be as free as possible to educate me about the Cellerciser.

Thank you.

Ross [REDACTED] Ph.D., L.P.

RH/jmd [REDACTED]

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