

[REDACTED]
Petaluma, CA [REDACTED]
July 10, 2003

Dear David—

Before the NordicTrack corporate bankruptcy a few years ago, I was a rising star in the company; I broke sales record after sales record, and I thrilled to go to work each and every day. I loved to SELL their equipment, but I also hated to USE it! Exercise on my NordicTrack equipment was just plain boring—and hard work. I own three different pieces of NordicTrack equipment—all of it has been collecting dust.

Throughout my life, I have battled with fatigue and depression. Historically, I have made few friends outside of work because I have always been too TIRED to do anything after hours—new friends soon quit calling—and a romantic relationship seemed like an impossible goal. Last fall, I finally sought the advice of a nutritional counselor. With his advice, I drastically improved my diet and I began an excellent supplement program. Still, I found that I had only enough energy to make it through my workday, drive the hour home, eat dinner, then crash in bed, only to get up the next morning and start the cycle all over again. My massage therapist said that my adrenals were “shot.” A naturopathic physician told me that I needed to improve my “life force.”

In April 2003, I discovered that I am gluten-intolerant. For the first time I began to understand how gluten had ravaged my body—and STOLE my LIFE! Considered a genetic autoimmune disease, gluten caused my body to attack its small intestine so it cannot absorb its nutrients properly—and the lack of nutrients in my body's cells caused my energy to become quickly depleted. To add insult to injury, gluten also formed a powerful toxin that made my brain swell, clouded my thinking, formed a cyst in my body, and made me depressed. Beginning a gluten-free diet was a monumental improvement!

The next piece of the health puzzle was purchasing and using my Cellerciser. With only TWO WEEKS of daily use, my energy DRAMATICALLY improved—just as you promised. In fact, I soon found that if I “cellercise” too late in the day, I often have to walk a couple of miles to rid myself of EXCESS energy—just so that I can fall asleep! “Cellercise” has also given me a healthy outlet for stress in my life. I now crave the “buzz,” much like I used to crave sugar and caffeine for the same effect.

When I began, I could use “cellercise” no more than two minutes at time—even then, I thought my internal organs would drop to the floor! Now I enjoy my Cellerciser so much that I often spend 20 or more minutes in a single session.

I have recently begun a serious fat-burning routine on my Cellerciser; my body literally changes from day-to-day. In the last couple of weeks EVERYONE has noticed my brighter aura, smaller size, and improved shape. Everyone who knows me marvels at my

transformation. Even the cashiers at the local grocery store are asking to be let in on the "secret."

My Cellerciser is definitely one of the BEST investments that I have ever made! My only regret is that I didn't get one sooner. I am 48 years old. The way things are going, I will soon have a better body than I did when I was 28!

Enthusiastically yours,



Vanessa [REDACTED]

**"Life engenders life.
Energy creates energy.
It is by spending oneself
that one becomes rich."**

—Sarah Bernhardt